



## PEN's Calendar of Events has a new name... **PEN Speaks!**

This year's focus is *ANXIETY and STRESS*, and during the 2nd semester we'll be hosting a **symposium** covering the causes, signs, implications, and techniques to manage stress and anxiety. We will also continue to provide events on other topics throughout the year. Keep an eye out for upcoming events by reading our newsletter or visiting our website at [www.penbv.org/events](http://www.penbv.org/events). Let us know if there is a particular topic of interest.

### **1. Kick-Off : "Laughter IS the Best Medicine"**

An fun, interactive event connecting laughter and play to our overall health and wellbeing.

**When:** Wednesday, September 21 6:30-8:30pm

**Where:** Centaurus High School, 10300 South Boulder Road, Lafayette

**Cost:** \$5/person if purchased by 9/9, \$10 After 9/9

**Jamba Juice** will offer \$4 smoothies

Special thanks to **Terry Gillach** and **Centaurus PEN PALS** their sponsorship!

**REGISTER** at [www.penbv.org/events/penkickoff](http://www.penbv.org/events/penkickoff)

### **2. Odds Bodkin - Internationally Acclaimed Storyteller**

In collaboration with Lafayette Open Space & Entrepreneurial Earth, PEN is hosting a series of events, giving families a number of opportunities to learn about the power and magic of storytelling!

**REGISTER** at [parentengagementnetwork.org/odds-bodkin](http://parentengagementnetwork.org/odds-bodkin) for the following events:

**What:** Meet and Greet our Guest Speaker

**When:** Monday, November 1 at 7:00 - 8:30 pm

**Where:** East Simpson Coffee, 414 East Simpson St, Lafayette

**Cost:** \$10

**What:** "Stories Of The Land" presentation for families

**When:** Wednesday, November 2, 6:30-8:30pm

**Where:** Angevine Middle School, Lafayette, 1150 W. South Boulder Road, Lafayette

**Cost:** \$10, \$38 Family Rate, \$12 at the door

**What:** "Door To Imagination" Adult Storytelling Workshop with Odds

**When:** Saturday, November 5, 9:30am- 2:00pm

**Where:** Pioneer Elementary School, Lafayette, 101 E. Baseline Road, Lafayette

**Cost:** \$30

**What:** "Story Earth" presentation for high school and older

**When:** Wednesday, November 9, 7-9pm

**Where:** Univ of Colo, Sustainability, Energy and Environment Complex, 4001 Discovery Drive, Boulder

**Cost:** \$15, \$12 Student

**Interpretation, Childcare, & Scholarships** available upon request. **CEU credits** for teachers through MyPassport.

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**QUESTIONS?** Contact Kathy Valentine PEN Speaks Chair [valstone2@hotmail.com](mailto:valstone2@hotmail.com)