Stress and Anxiety Symposium
Rethink, Reset, Refresh

KEYNOTE SPEAKER
DR. BENJAMIN MULLIN

Dr. Mullin provides evidence-based individual and group therapy to children and adolescents with anxiety disorders. He also provides training for clinical psychology and psychiatry trainees on treatments for anxiety, tics, and sleep disorders. His research focuses on the neurobiology of anxiety, and in particular, how sleep disruption may increase risk for anxiety through its effects on the developing brain. In his keynote lecture, Dr. Mullin will discuss our scientific understanding of anxiety in adolescence, and how parents can help their child successfully navigate this volatile, challenging, and amazing period of life.

Saturday, January 27, 2018
Boulder Valley
Christian Church
7100 S. Boulder Rd. 80303
8:00am - 4:00pm

TICKETS:
Adults: $50.00
Youth: $10.00

Scholarships, Interpretation, Childcare and 6 CEUs for teachers available

Breakfast & Lunch provided by Premier Members Credit Union

Register online: